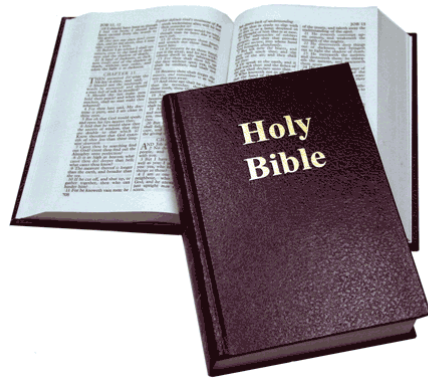


# *Spiritual Experiences from David's Psalms*

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Reading: Psalm 30:1-12



*“How to be a singing saint”*

Home Fellowship Group Bible Study Questions  
Tuesday 25th/Wednesday 26th September

***Recommended Background Reading***  
***2 Samuel 5:11-12; 6:12-21***

The background to this Psalm is a time of great celebration in 2 Samuel. In these 12 verses David gives us some behind the scenes insight.

**Verses 1-3 are a declaration of praise to God**

- 1) What does David mean by ‘extolling’ God and what are his reasons for this declaration of praise in verses 1-3?

**In verses 4-5 David breaks off his personal note of praise to address God’s people; inviting them to join the song.**

- 2) In verse 5 David appears to have invited others to give praise and thanks for difficult experiences from God. What is he saying in this verse?
- 3) Why is David confident in inviting others to be singing saints; even if things might be tough?

**In verses 6-7 David gives some more background to the writing of this psalm.**

- 4) What happened to David and how can this be helpful to us in our own lives?

**In verse 8-10 David returns to his current situation**

- 5) As David pleads to God for mercy, what reasons does he present to God in favour of his deliverance?

**In verses 11-12 the exuberance of verses 1-5 returns; enhanced by what David has reflected on in verses 6-10.**

- 6) Difficult circumstances can cause us to reflect on the character of God. *How have the circumstances of your life increased your understanding of God; and affected your relationship with God?*