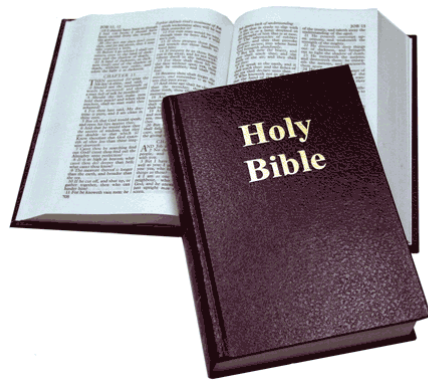


Spiritual Experiences from David's Psalms

Reading: Psalm 57:1-11



“The Fixed Heart”

Home Fellowship Group Bible Study Questions
Tuesday 11th/Wednesday 12th September

Recommended Background Reading

1 Samuel 24

This Psalm can be divided into three main sections: David's Prayer (v1-3); David's Predicament (v4-6); and David's Proclamation (v7-11).

- 1) The predicament is preceded by three verses of prayer. One commentator writes: “Perhaps we could learn from this approach. Which is bigger, our problem or our God?” *What does David teach us about prayer from verse 2 and on what does his confidence in God rest?*
- 2) David uses two very strong images in verses 1 and 4. *What is he thinking about when he talks of taking refuge in the shadow of God's wings; and how does that contrast with his thought in verse 4 about laying among 'fiery beasts'?*
- 3) In verse 7, what does it mean to have a 'steadfast heart'? How is that expressed outwardly in verses 7-9?
- 4) In verses 9 and 10 David wants to extend his praise and testify to others of God's goodness. *What does he want to see happen here and why?*
- 5) This great Psalm is punctuated by an identical refrain in verses 5 and 11. What is the greatest goal in David's mind and what does he mean?
- 6) Read verse 2 again. This determines the way David approaches his trials throughout this Psalm. *What can you learn that can reshape the way you approach the challenges in your life?*