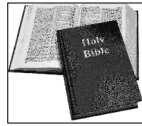
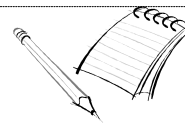


### A guide to good living



Colossians 3:12-17 [p1184]



1. **A New Wardrobe**
2. **Plenty of Exercise**
3. **A Healthy Diet**

### A New Wardrobe



Matthew 9:36-38 (p1172)  
Mark 6:34-35 (p1132)  
Mark 8:2-6 (p1132)  
Luke 15:20 (p1132)  
Philippians 2:5-7 (p1132)

### Plenty of Exercise



Ephesians 4:32 (p1140)  
1 John 4:19 (p1197)  
Galatians 5:22 (p1180)

### A Healthy Diet



Philippians 4:6-7 (p971)  
2 Timothy 3:14-17 (p1139)